

# BE BLOOMING MARVELLOUS AND MAKE SEED STARS

Seed stars are hand-made, star shaped packets, made by sandwiching seeds between paper. Once planted in soil the paper breaks down, allowing the seeds to grow into vibrant blooms!

They're a simple activity for people of all ages and a playful way to carry out some guerrilla gardening – great for brightening up your community or transforming patches of land into pollinator pit stops.

Make and plant together at your do or encourage people to take them away to sow later. Part of the fun is the surprise of what will grow where!

## WHAT DO YOU NEED?

- Mixed native wildflower seeds.
- Paper from your recycling (magazines or newspaper are great) and some scissors.
- A small mixing bowl.
- Flour and water to make a paste, and something to mix and apply it to the paper – a paintbrush, stick or your fingers will do.

## WHAT DO YOU DO?

1. Cut the paper into squares (roughly 4cm), you'll need two squares per seed star.
2. Mix together 1 tbsp flour and 1 tbsp water to form a paste in your bowl – this acts as the glue to stick the seeds and paper together.
3. Dab the flour paste onto a square and sprinkle some seeds on top, leaving a little space between seeds if you can.
4. Place a second square on top at an angle to form a star. Press the paper down to bind it all together and leave it to dry.
5. When you're ready, plant your seed star outside in your chosen spot, about 1cm deep and with a small distance in between each star – once in the soil the paper breaks down allowing the seeds to grow.
6. Water them if you can, otherwise leave it to the natural elements and wait for the first shoots to appear!

