



THURSDAY 1ST FEBRUARY 2024

M A I N S



Mixed Bean Chilli & Vegetable Wrap



Approx. carbon footprint per serving: 200g CO₂e (0.91 mile car trip) **(VE)**



Bacon & Herb Carbonara



Approx. carbon footprint per serving: 910g CO₂e (4.1 mile car trip)

BAKED SPUDS:



Creamed Spinach & Feta



Approx. carbon footprint per serving: 330g CO₂e (1.46 mile car trip) **(VE)**



Tuna, Sweetcorn, Spring Onion Mayo

Approx. carbon footprint per serving: 2150g CO₂e (5.2 mile car trip)

G A R N I S H E S



Balsamic, Rosemary, and Sea Salt Roasted Local Potatoes

Approx. carbon footprint per serving: 100g CO₂e (0.45 mile car trip)



Sautéed Kale

Approx. carbon footprint per serving: 90g CO₂e (0.4 mile car trip)



Paprika Sweetcorn

Approx. carbon footprint per serving: 310g CO₂e (1.4 mile car trip)

P U D D I N G S



Fresh, Diced Fruit

Approx. carbon footprint per serving: 130g CO₂e (0.57 mile car trip)



LMH Eaton Mess-Meringue Kisses, Cherries, Yogurt

Approx. carbon footprint per serving: 370g CO₂e (1.7 mile car trip)

WHAT IS A carbon cost? ©

Our diets have a Carbon Cost, meaning that no matter what price we charge, our planet is impacted by our food supply chain.

As part of the Carbon Cost of Food Week, we've priced our dishes by first calculating the carbon footprint of each portion. We then convert that carbon footprint into the equivalent emissions produced by driving an ordinary UK petrol car. For example, the emissions from **eating a lamb stew would be roughly the same as driving a car 15 miles!**

We ask you to **pay £1 for every one car mile worth of emissions** that is associated with your meal.

Learning to Carbon Cost your food is fun and easy! **Give it a try for the chance to win prizes at** cherwellcollective.com/ccofw.