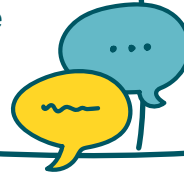


SPREAD WARMTH THIS WINTER

Small acts of kindness to keep your community cosy

MAKE TIME TO TALK

Say hello to people and start a conversation – it could be the person next to you in a queue or someone you see daily but you've never spoken to before.



SPREAD KINDNESS

Create a ripple effect by being kind – compliment a stranger, hold the door open for someone or give somebody a boost by leaving an anonymous gift.



BE PRESENT

Give the gift of time to your community – can you support a local event by going along, be there for someone who needs a listening ear or spend time getting to know somebody better?

SHARE FESTIVE FOOD

Bring people together with a Mince Hi moment or The Big Lunch at Christmas, join in with neighbours, colleagues or your wider community.



LEND A HAND

Reach out and ask how you can help – perhaps it's walking a neighbour's dog or collecting some shopping, or why not get involved with a local volunteering opportunity?



BE KIND TO NATURE

Get outdoors and love where you live – plant spring bulbs, make bird feeders or arrange a litter pick in your local park or green space.



SHOW YOUR SUPPORT

Get behind a local business, charity or good cause – fundraise to support the good work they do, shop small or recommend a business with a positive review.



SPREAD CHEER

Bring joy to people's day – get together with others and decorate your street, community centre or local space or leave a positive message to make someone smile.



GIVE GIFTS

Share with those around you – make something special for someone who shines bright in your community, or donate items to a person or charity who might appreciate them.

eden project
COMMUNITIES

 **COMMUNITY FUND**

Let us know how you keep your community cosy
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