



**'THE RAINBOW & THE JOURNEY'
POETRY & PAINT WORKSHOP NOTES
TUESDAY 30TH JUNE 2020**

This session was run by artist Alison Critchlow (www.alisoncritchlow.co.uk) and Susan Allen from the Wordsworth Trust (www.wordsworth.org.uk)

Below is a list of resources and suggested further reading (sources of inspiration!) from the session, and that our facilitators Alison and Susan would like to share;

- If you missed the session you can watch a slightly edited video of it here https://youtu.be/VCEgR_jMJ8o
- You can watch an earlier version of the letter folding video from Jeff that we saw during the session, this one filmed in Dove Cottage <https://www.youtube.com/watch?v=p78t3puGuuw>
- Below is a list of links that Alison would like to share with you that you may find interesting;
 - www.richardlong.org A page of the works of Artist Richard Long, including art made by walking in landscapes, photographs of sculptures made along the way, walks made into textworks and selected exhibitions and a list of solo exhibitions.
 - www.olafureliasson.net A page dedicated to Artist Olafur Eliasson, whose art is driven by his interests in perception, movement, embodied experience and feelings of self. He strives to make the concerns of art relevant to society at large.
 - www.bbc.co.uk/programmes/b044gp6c A radio 4 programme looking at the 500 years since Nuremburg artist Albrecht Durer created his masterprint, Melencolia 1. Dr Janina Ramirez explores the creative influence and mysteries of this iconic image.

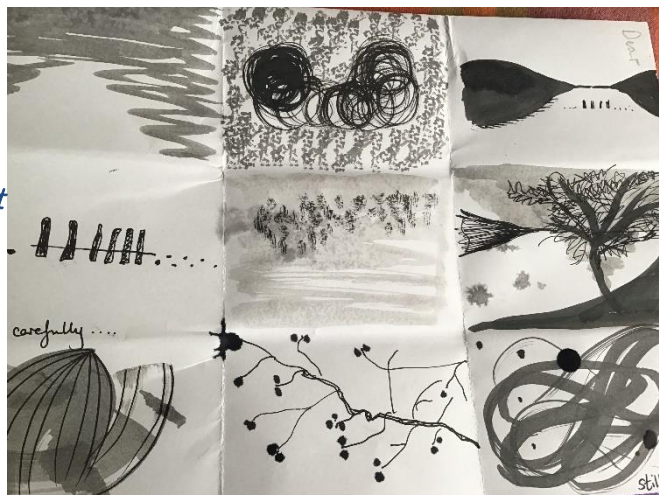
And finally, a few examples of some beautiful work and words shared with us during and after the session, for your enjoyment.

*Every day is just the same,
out the door and down the
lane.*

*Tired paper rainbows,
peeling from windows, dust
empty streets, hope
bubbles up*

*Journeys: transition,
movement, change*

*Rainbow: iridescence,
magical, transitory*



sound and feel

moonlight sky

spectrum of the rainbow

octave of colour

hand blown mirrors

colour mirror wheel

inner, outer, distance