

# THE BIG LUNCH...

## BRINGS PEOPLE TOGETHER

81%

of participants said taking part made them **feel part of something bigger** this year

Almost **1.2m** Big Lunches have taken place all over the UK since The Big Lunch began in 2009

**17.2M**

took part in **The Big Lunch** and **The Big Jubilee Lunch 2022**

That's **1 in 4** people across the UK!



## BUILDS COMMUNITY

79%

of Big Lunch attendees now **feel a stronger sense of community**

**12.8M** people **feel closer to neighbours** after going to a Big Lunch

**11.7M** **new friendships** were made as a result of The Big Lunch this year

**15.3M** people say The Big Lunch **got people talking** to each other

## MAKES A DIFFERENCE

**£22.2M**

was raised at Big Lunch events, **75%** of which was for **local causes or charities**

73%

of Big Lunch participants say they're now more likely to **get involved in community activities**

**11.7M**

people say The Big Lunch helped them **feel less lonely**

## IS NEEDED!

79%

of participants say The Big Lunch has had a **positive impact on their community**

95%

of organisers say it is needed to help **rebuild communities** after the **Covid-19 pandemic**

£

77%

of organisers say The Big Lunch is important to help **connect communities** during the **cost of living crisis**



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