



THE UK'S ANNUAL  
GET-TOGETHER  
FOR NEIGHBOURS  
DATHLIAD BLYNYDDOL  
Y DU I GYMDOIGION

## YOU'RE WARMLY INVITED TO A BIG LUNCH

Join in by sharing good food and good company

## DYMA WAHODDIAD CYNNES I'R CINIO MAWR

Ymunwch â ni i rannu bwyd da a chwmni da

WHEN/PRYD:

WHERE/BLE:

RSVP TO/RSVP I:

The Big Lunch is an idea from the Eden Project, delivered with the National Lottery, to help create stronger communities and increase happiness and wellbeing.

Last year over 9 million people took part across the UK.

Syniad gan yr Eden Project yw'r Cinio Mawr, a gyffwyrn gan y Loteri Genedlaethol, i helpu creu cymunedau cryfach a chynyddu hapusrwydd a llesiant.

Llynedd bu 9 miliwn o bobl yn cymryd rhan ledled y DU.

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